



# Liflex White Clover



Liflex is a European variety selected for grazing. It is a medium height white clover with medium leaf size and early flowering. It has great sward density and plant health, along with high winter-hardiness. In a forage context, it is high-yielding, and as a cover crop it is an excellent N producer (80-130 lbs/A when terminated the year after establishment). The C:N ratio is low, so it will break down and release nitrogen more rapidly. Since the majority of the nitrogen is stored in the roots, partial tillage is good for breaking up the material and speeding up N release.

The root system is shallow, so it does better in silt soils and moist areas.

**Forage:** For grazing, dry hay or wet hay, it is best to mix any clover with grass—either in the stand or supplement the feed with grass hay. This reduces the risk of bloat but still allows the animal to benefit from the high protein, highly digestible clover. Clover should be about 50-60 percent of the stand. If planted with perennial grasses, cut 2-3 times throughout the summer, with the final cutting in late summer. Grazing or cutting to leave at least a 3-4 inch stubble is best practice to maintain the balance of grass to legume in the stand. Anything shorter would favor the clover, since it tolerates lower cuttings. Adding white clover to a stand is a good way to increase overall forage quality.

**Living mulch, over-seeding, inter-seeding:** Liflex can make a good living mulch between vegetable rows or fruit trees and berry bushes. It will outcompete weeds and provide ground cover while fixing nitrogen. It is traffic tolerant and a good choice for protecting wetter soils. It is also somewhat shade tolerant for growing under the canopy of another crop, but will grow better when the crop is taken off and the canopy is opened.

As a living mulch, it is low maintenance in its labor requirement for mowing and upkeep. It should be managed carefully at the beginning, however, to prevent too much competition with the main crop. In dry times, weeds may outcompete it for moisture.

**Cover crop for strip tillage:** Summer vegetables such as sweet corn work well planted into tilled up strips of white clover, with the remainder left between the rows as living mulch.

**Pollinator:** If allowed to flower, white clover's blooms attract pollinators and other beneficial insects. It can be intercropped or grown as a border to draw in beneficial insects.

## At A Glance

### Key Features

- Medium height
- Medium leaf size
- Early flowering
- Dense stand
- Good plant health, stem rot resistance
- Good winter hardiness
- Widely adapted
- Very stoloniferous

### Establishment

**Seeding rate:** 2-4 lbs/A

**Depth:** 1/8—1/4 inch

**Date:** Late winter (frost-seeded), Early spring or late summer (at least 6 weeks before killing frosts)



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